

# SPORTS MEDICINE



**ORANGE HIGH SCHOOL**

## DESCRIPTION:

The Sports Medicine Pathway is designed for students who are interested in Athletic Training, Physical Therapy, Fitness, Kinesiology, Nutrition, and other Sports Medicine related fields. Students will have the opportunity to work hands on in learning how to assess and care for injuries, as well as preventative care techniques and wellness. If enrolled in Sports Medicine II, students get the chance to work alongside an OHS Athletic Trainer and participate in field work within the healthcare community.

## TEACHER:

Mr. Partida  
(mpartida@orangeusd.org)

**TO SIGN UP FOR A  
SPORTS MEDICINE  
COURSE, CONTACT YOUR  
OHS COUNSELOR!**



FOR MORE INFORMATION,  
PLEASE EMAIL MRS. TRAN:  
[TNTRAN@ORANGEUSD.ORG](mailto:TNTRAN@ORANGEUSD.ORG)

# COURSE DESCRIPTIONS

## **MEDICAL CORE (02):**

Deepens student knowledge of medical terminology, human growth & development, body systems, common diseases and disorders, medical math and bio-safety. Students gain practical experience in Vital Signs, Emergency Medical Care, First Aid, and CPR. This course is articulated to Santa Ana College and Coastline Community College.

## **SPORTS MEDICINE I (02):**

Prepares students for Sports Medicine through study of anatomy, physiology, and bodily systems. Students expand scientific knowledge in the evaluation, assessment and care of injuries, as well as preventative techniques and wellness. This course is articulated to Irvine Valley College and Orange Coast College.

## **SPORTS MEDICINE II (03):**

This competency-based course prepares students for entry-level positions in the sports medicine industry. Included in the course is advanced preparation in the care, prevention and rehabilitation of athletic injuries that combines classroom instruction and placement in a sports medicine internship site.

<b>COURSE TYPE</b>	<b>9TH GRADE</b>	<b>10TH GRADE</b>	<b>11TH GRADE</b>	<b>12TH GRADE</b>
<b>SPORTS MEDICINE</b>	Medical Core	Sports Medicine I	Sports Medicine II	Professional Internship
<b>A-G APPROVAL</b>	G (College Prep Elective)	G (College Prep Elective)		